# 與我們的**脆弱環境**工作同心邁步

# **Stepping Forward for Our Work in Fragile Contexts**



在2023年,持續動盪、衝突和暴力令 大量兒童被迫流離失所。面對突如其來 的天災,這些本已處身局勢不穩地方的 孩子往往首當其衝。2023年初,土耳其 和敘利亞邊境發生大地震,令很多早已 飽受敘利亞戰火摧殘、深陷貧窮中的難 民孩子更為脆弱。

「守護脆弱孩子」月捐計劃集合大家的捐 款,在環境脆弱的地區推行多方面的人 道救援工作,提供基本生活、營養及生 計援助,以及向兒童提供心理及教育支 援等,讓他們得以重獲生機、重整生活 和重建未來。

2023 is a year in which chronic instability, conflict and violence continued, leaving a large number of children forcibly displaced. These children in fragile environment tend to be more vulnerable when natural disasters strike. The earthquake in Turkey and Syria earlier in the year has further affected refugee children who had already been suffering the consequences of the war in Syria and poverty.

The monthly donations through **Childhood Rescue** provide continued help to support multi-sector humanitarian work, providing basic necessities, nutrition, livelihood as well as psychological and educational support for children in fragile contexts to survive, recover and build a future.

了能更多「守護脆弱孩子」計劃 **Learn more about Childhood Rescue** 





項目數量 Total no. of projects

#### 覆蓋人數 People reached

1 阿富汗 Afghanistan

- 2 孟加拉 Bangladesh
- 3 剛果民主共和國 DR Congo
- 4 埃塞俄比亞 Ethiopia
- 5 黎巴嫩 Lebanon

6 摩爾多瓦 Moldova

2,079,099

- 7 菲律賓 Philippines
- 8 索馬里 Somalia
- 9 南蘇丹 South Sudan
- 10 烏干達 Uganda





297,828

people benefitted through food or cash-based assistance.

人在索馬里和阿富汗透過流動醫療隊和保健單位,獲得醫療及營養諮詢服務。 people in Somalia and Afghanistan received health and nutrition services through mobile health and primary health unit services.



### 健康與營養項目 **Health and Nutrition Project**

索馬里的安妮素在宣明會支援的綜合健康與營養 項目,被診斷患上急性營養不良後,立即被安排 參加此項目,獲得即食營養補充劑和跟進治療。 5週後,安妮素的狀況已經明顯改善,脱離了危 險期。

Aniso in Somalia was identified with acute malnutrition by an integrated health and nutrition project supported by World Vision. She was immediately enrolled in the project, provided with ready-to-use therapeutic food and systematic treatment. Over the following five weeks, Aniso made tremendous improvement, and was out of danger.

17,004

重整生活 Recover

2,865

名棲身在南蘇丹和在孟加拉收容羅興亞人難民營的5歲以下兒童照顧者,接受了營養煮食培訓,透過烹飪培訓學習準備食材的知識及方法,並且透過烹飪示範學習煮食的衛生習慣,以改善孩子的營養情況。

caregivers of children under 5 in South Sudan and refugee camps in Bangladesh hosting the Rohingya acquired knowledge and skills on food preparation through cooking demonstration sessions to improve nutrition value of meals, and learned about proper hygiene practices during food preparation in cooking demonstration sessions to improve the nutrition status of their children.

名在阿富汗和約旦流徙的兒童和青少年接受生活技能培訓,增強了自信心、 自我保護、建立和平、社會共融、解決問題和衝突的能力,並學會表達自己 的感受,從而增強應對各種困難的能力。他們也透過藝術和體育活動獲得社 會心理支援。

children and adolescents who are displaced in Afghanistan and Jordan received life skills training, which bolstered their self-confidence, self-protection, peace building, social cohesion, problem solving and conflict resolution skills, in addition to learning to express their feelings. These all strengthened their resilience to cope with various difficulties. They also received psychosocial support through art and sports activities.



# 家庭菜園計劃 Kitchen Gardening Programme

南蘇丹的家庭菜園計劃培訓母親有關食物種類和如何使用當地食材,裝備她們最有效和可持續預防營養不良的方法。48歲的母親諾格説:「我們以前不相信這地方適合種植蔬菜,收成時都感到很驚訝。我們從一貧如洗,到如今出售蔬菜賺取足夠生活所需。」

The programme in South Sudan trained mothers on food variety, and the use of locally available food, which is most effective and sustainable to prevent malnutrition. 48-year-old mother Nyoka says, "We never believed it could be possible to grow vegetables in the area, and were surprised by the results. We had little or no money when we started but have now raised enough cash from selling the vegetable."

4,961

名在阿富汗、黎巴嫩和約旦的流徙兒童照顧者獲得社會心理支援與育兒技能 培訓,學習正向管教、兒童權益、兒童全人發展和保護兒童。

caregivers of displaced children in Afghanistan, Lebanon and Jordan received psychosocial support and parenting skills training to learn about positive child discipline, child rights, child holistic development and child protection issues.



1,222

名社區領袖學懂基本健康和營養知識,290名社區營養義工接受預防營養不良的培訓。

community leaders learned the basics of key health and nutrition messages, while 290 community nutrition volunteers received training on malnutrition prevention interventions.

1,045

人參與社會心理支援小組的討論,增加對這些重要議題的關注和理解。 individuals participated in mental health psychosocial support group discussions, fostering greater awareness and understanding of these critical topics.



# 幼兒教育中心 Early Childhood Development Centre

薩德的媽媽從朋友口中得悉約旦阿茲拉克難民營 幼兒教育中心的工作,於是帶薩德報名參與。在 老師的支持和鼓勵下,薩德很快便適應,開展社 交生活和學習。他開始開放自己,結識新朋友, 更重要的是追上學習進度。

另一名於中心參與育兒技能培訓計劃的家長阿里 説:「我能參與孩子的日常,這有助增強互信、 親密和愛,讓孩子感到快樂,這亦對他們的成長 帶來正面影響。」 Zaid's mother enrolled him to World Vision Early Childhood Development Centre at Azraq Refugee camp in Jordan after hearing from a friend about it. With his teacher's support and encouragement, Zaid was able to adapt to the environment around him quickly, starting his social life and education. He began to come out of his shell and meet new people, and most importantly catch up on education.

Another parent in the parenting skill training programme of the centre, Ali says, "My participation in my children's daily routine enhances trust, intimacy, and love between us. This makes them happy and reflects positively on their personality."