











「我要使其中的糧食豐滿,使其中的窮人飽足。」 "I will bless this city and make it prosperous; I will satisfy its poor with food."

詩篇Psalm 132:15

日期 DATE

2024大齋期、受苦節期間或教會 自訂日期

During 2024 Lent, around Good Friday or any other day chosen by your church.

形式 FORMAT

在崇拜、團契、小組、主日學或祈禱會 等時段內禁食一餐,為飢餓一群的需要 祈禱,並捐出節省下來的飯錢。

Fast a meal together during worship service, small group, Sunday school or prayer meeting, pray for the needs of the hungry and donate the cost.

捐款用途 USE OF FUNDS

communities in South Sudan and Somalia.

今年「饑饉一餐」籌得善款,將用於支持 宣明會為南蘇丹和索馬里飽受飢餓影響的 群體提供糧食援助、醫療服務及水利設施。 Funds raised from this year's Skip-A-Meal will support World Vision to provide food assistance, mobile medical treatment and water supply facilities for hunger-affected