



世界宣明會



HOPE  
傳承希望全城愛

# 饑饉一餐

# 傳遞希望

## Spread Hope

「我要使其中的糧食豐滿，使其中的窮人飽足。」

“I will bless this city and make it prosperous; I will satisfy its poor with food.”

詩篇 Psalms 132:15

氣候危機及疫情對社會經濟造成的打擊，正釀成數十年來最嚴重的糧食危機，東非無數貧困家庭陷入糧荒。立即參加「饑饉一餐」，幫助他們絕處逢生、重拾希望！

A deadly mix of climate crisis and the socio-economic impacts of the pandemic is leading to the worst hunger crisis in decades, leaving numerous poor families across East Africa in severe food insecurity. Join SKIP-A-MEAL now to help them survive and rediscover hope!

### 日期 DATE

2022大齋期、受苦節期間或教會自訂日期

During 2022 Lent, around Good Friday or any other day chosen by your church.

### 形式 FORMAT

在崇拜、團契、小組、主日學或祈禱會等時段內禁食一餐，為飢餓一群的需要祈禱

Fast together during worship service, small groups, Sunday schools or prayer meetings. Pray together for the needs of people who are starving.

### 捐款用途 USE OF FUNDS

支持宣明會在東非的南蘇丹及索馬里，為貧困兒童、家庭及社區提供糧食及生計援助

Funds raised will support World Vision to provide food and livelihoods assistance for impoverished children, families and communities in South Sudan and Somalia.