

守護脆弱孩子

Stand with Children in Fragile Places



在2025年，我們繼續結集大家的力量，守護生活在脆弱環境中的孩子。政治和社會壓力逼使孩子身處險境，面臨嚴峻的暴力、剝削、虐待和備受忽視。為脆弱孩子創造一個能夠健康成長的環境，需要系統地推動改變，以及穩健的機構來協助保障孩子的福祉。這些工作和持續的改變都需時才能達成。

「守護脆弱孩子」月捐計劃集合大家的捐款，在環境脆弱的地區提供基本生活、營養及生計援助，又向孩子提供心理及教育等支援，讓他們得以重獲生機、重整生活和重建未來。感謝大家的支持，讓我們能夠根據脆弱孩子的實際需要，隨時因應各地特有的情況，透過靈活的項目策略，規劃短、中和長期的人道救援工作，當中包括：

- 緊急救援
- 水利衛生
- 糧食及營養
- 兒童保護
- 教育

項目數量
Total no. of projects

54

覆蓋人數
People reached

812,128

In 2025, we continued to stand with children in fragile places by collaborating with our partners. In fragile contexts, political and social stresses put children at risk, exposing them to severe violence, exploitation, abuse and neglect. Creating a reality where the most vulnerable children can flourish and thrive requires systemic change, with stable and well-functioning institutions that support their wellbeing. This work – and sustainable change – takes time.

The Childhood Rescue monthly donation programme pools together donations to provide basic living, nutritional and livelihood assistance in environmentally fragile areas, while offering psychological and educational services to children, allowing them to survive, recover and build a future. Thanks to your support, we have been able to develop agile programme approaches and plan short, middle and long-term projects according to each place's specific situations. Our projects include:

- Emergency response
- Water and sanitation
- Food and nutrition
- Child protection
- Education

工作地區 Our reach

- | | |
|--------------------|-------------------|
| 1 阿富汗 Afghanistan | 7 索馬里 Somalia |
| 2 孟加拉 Bangladesh | 8 南蘇丹 South Sudan |
| 3 剛果民主共和國 DR Congo | 9 敘利亞 Syria |
| 4 埃塞俄比亞 Ethiopia | 10 烏干達 Uganda |
| 5 約旦 Jordan | 11 烏克蘭 Ukraine |
| 6 黎巴嫩 Lebanon | |

「守護脆弱孩子」計劃的成果

Our Impact in Childhood Rescue

阿富汗是「守護脆弱孩子」計劃的工作地區之一。當地在過往40多年遭受著持續的暴力衝突、自然災害、長期貧困和糧食不足的問題。2021年塔利班在首都喀布爾重新掌權，令當地局勢持續不穩，婦女和女孩所受的影響最為嚴重。

世界宣明會自2001年起在阿富汗開展緊急救援工作，回應天災和連年衝突帶來的各類需要。在2025年，因著港澳捐助者的支持，我們得以在阿富汗西部，全力援助脆弱孩子、境內流徙者和最貧困的家庭。

健康與營養項目

阿富汗的孕產婦死亡率屬全球最高之一，每10萬名孕婦便有638名不幸失去生命，而雪上加霜的是全國欠缺近1.8萬名助產士。近年，全球救援款項大幅削減亦已導致超過420間醫療機構倒閉，300萬人無法獲得醫療服務，嚴重威脅婦女和孩子的健康。

在2025年，透過「守護脆弱孩子」計劃籌得的善款，我們得以在赫拉特省支援20所由經驗豐富的助產士管理的家庭健康中心，讓偏遠地區的婦女及兒童能夠便捷地獲得生死攸關的生育健康服務，包括產前護理、專業助產士接生、產後護理、新生嬰兒護理、兒童保護、母乳哺育諮詢和計劃生育服務。在這段期間，各中心合共提供了2,970次產前檢查、約2,200次產後檢查、8,250次計劃生育諮詢、870次住院接生及54,820次門診諮詢。

宣明會資助阿富汗赫拉特的20所家庭健康中心，確保能為孕婦和兒童提供基本藥物及優質的醫療服務。World Vision supports 20 family health houses in Herat, Afghanistan, ensuring the availability of essential medications and the quality of care for pregnant women and children.

Afghanistan is one of the places where Childhood Rescue is present. The country has suffered more than 40 years of conflict, natural disasters, chronic poverty and food insecurity. It remains in a fragile state under the de facto rule of the Taliban, who regained control in 2021. Women and girls are among the most affected.

World Vision started its emergency relief operations in Afghanistan in 2001 to respond to the needs arising from natural disasters and prolonged conflict. In 2025, World Vision Hong Kong was present in the western region of the country, targeting the most vulnerable people such as children, internally displaced persons (IDP) and the most impoverished families.

Health and Nutrition Project

Afghanistan's maternal mortality rate – 638 deaths per 100,000 births – is one of the highest in the world, worsened by a shortage of nearly 18,000 midwives. The funding cuts in recent years have already closed over 420 health facilities, leaving three million people without care.

In 2025, through donations from Childhood Rescue, World Vision Hong Kong supported 20 family health houses (FHHs) managed by experienced midwives in Herat Province. This ensured that critical reproductive health services, such as antenatal care, deliveries attended by skilled birth attendants, postnatal care, newborn care, childcare, breastfeeding counselling, and family planning, were readily available to women and children in remote areas. During the reporting period, the FHHs delivered 2,970 antenatal care visits, about 2,200 postnatal care visits, 8,250 family planning consultations, 870 facility deliveries, and 54,820 outpatient consultations.





一群青年參加宣明會為境內流離失所者設立的青年小組活動，在安全及彼此支持的環境中學習生活技能，培養情緒健康和自信心，並且提供至關重要的健康和心理支援。

A group of IDP youths participates in an activity at a youth club established by World Vision, learning life skills in a safe and supportive space that nurtures emotional wellbeing, confidence, and healthy development alongside essential health and psychosocial support.

心理健康、社會心理和兒童保護項目

赫拉特省是阿富汗西部重要的省份，但仍面臨著許多嚴峻的挑戰，包括貧困、糧食不穩、童工、災害和衝突。這些問題迫使許多該地的居民流徙至赫拉特省，尋求援助。而長期流離失所加劇了這些群體的心理健康問題，包括抑鬱症和創傷後壓力症候群等。戰事和政治暴力的蔓延，與多發性的精神障礙和心理困擾密切相關，增加了受影響群體出現長期心理健康問題的風險。

在2025年，透過「守護脆弱孩子」計劃籌得的善款，2,920名家長和其他社區成員參加了正向育兒課程，約1,930人參與了心理健康、社會心理支援和心理急救相關的小組討論。我們也在境內流離失所者聚集的社區設立了5個青年小組及設立相應的治療中心，大大提升了心理健康支援的服務。3,260人積極參與青年小組的各項活動，希望能藉此提高他們的生活技能、抗逆力和心理健康水平，也有敢於追夢的力量。

Mental Health and Psychosocial Support and Child Protection Project

Herat remains an important province in western Afghanistan that still faces significant challenges, including pervasive poverty, food insecurity, child labour, natural disasters, and conflict. These issues have driven many residents from their villages in northwestern Afghanistan to seek refuge in Herat. The prolonged displacement has exacerbated mental health issues among these populations, including conditions like depression and post-traumatic stress disorder (PTSD). The prevalence of war and political violence is strongly associated with high rates of mental disorders and psychological distress, increasing the risk of long-term mental health issues among the affected populations.

In 2025, through donations from Childhood Rescue, 2,920 parents and other community member participated in positive parenting sessions, and about 1,930 individuals engaged in group discussions related to mental health and psychosocial support (MHPSS) and psychological first aid. The establishment of 5 Youth Clubs within the IDP communities, along with the treatment centres, significantly enhanced the provision of mental health support. 3,260 individuals actively participated in structured activities aimed at improving their life skills, resilience, and psychosocial wellbeing, in turn giving them strength to make hope real.

迅速回應災難 Be First in an Emergency

災難過後，兒童往往首當其衝。宣明會的救災工作著重於即時拯救生命及照顧他們即時所需。同時，與社區居民一起在危機過後，重建家園。我們由始至終都以兒童為救災工作的核心，關心他們的身心安全和福祉。

在2025年，因著捐助者的慷慨支持，我們得以回應緬甸地震，以及亞洲各地的水災和風災等。

In the wake of a disaster, it is children who suffer most. World Vision's response efforts focus on saving lives and providing for basic needs in the short term, while working with communities to help them rebuild when the immediate threats have passed. We keep girls and boys at the centre of our plans, concentrating on their physical and emotional safety and well-being.

In 2025, support from our donors equipped us to respond to the Myanmar Earthquake, flood, cyclone and typhoon in Asia.

項目數量
Total no. of projects

28

覆蓋人數
People reached

897,229



救災工作的成果

Our Impact in Disaster Response

緬甸地震緊急救援

2025年3月28日，緬甸中部發生7.7級地震，廣泛地區的樓房、學校、醫療設施及公共設施均受損毀。這場地震進一步加劇了當地因為長期衝突、頻繁天災及經濟崩潰引發的緊張局勢，估計全國高達2,000萬人因而急需援助。宣明會在地震後迅速回應，幫助災民獲得清潔食水及衛生服務、預防疾病爆發，又提供食物及現金援助以濟燃眉之急，同時為婦女及兒童提供心理支援等保護服務，向無家可歸的家庭提供棲身之所，並支援災民恢復生計。

- 237,663人獲得糧食援助。
- 114,365人獲得水利衛生援助。
- 18,317人獲得心理健康和社會心理支援。
- 38,855人獲得現金援助。

Myanmar Earthquake Emergency Response

On 28 March 2025, a powerful 7.7 magnitude earthquake struck central Myanmar, causing widespread damage to homes, schools, health centres, and public infrastructure. It has worsened an already dire humanitarian situation caused by prolonged conflict, recurring natural disasters, and economic collapse, with nearly 20 million people nationwide in need of assistance. World Vision swiftly responded by restoring access to clean water and sanitation to prevent disease outbreaks, providing food and cash assistance to address food insecurity and urgent needs, offering protection services including mental health and psychosocial support for women and children, delivering shelter assistance to displaced families, and supporting livelihood recovery.

- 237,663 people received food assistance.
- 114,365 people received water, sanitation and hygiene assistance.
- 18,317 people received mental health and psychosocial support.
- 38,855 people received cash assistance.



越南家庭獲得煮食用具和毛毯等日用品，為他們在風災後帶來溫暖和尊嚴。

Local residents in Vietnam received household kits with essential items such as cooking utensils and blankets, which brought comfort and dignity in the aftermath of the typhoon.

宣明會工作人員向中國水災災民派發大米。
World Vision staff distributed rice to the families affected by floods in China.



宣明會向受影響家庭派發家庭包，以濟燃眉之急。
World Vision distributed family kit to help affected families meet their urgent needs.



宣明會開設兒童天地，為受地震影響的兒童提供心理支援。
World Vision ran child friendly spaces to provide psychosocial support for children affected by the earthquake.

水災及風災救援

亞洲多處於過去兩年接連遭受天災侵襲，當中孟加拉和越南分別受到風暴雷馬爾及颱風摩羯兩個特大風災吹襲，中國和緬甸則遇上嚴重的水災。宣明會在災後迅速回應，並留守當地，協助災民重建家園。透過香港特別行政區政府賑災基金的捐助，宣明會得以在上述各國多個受災社區提供援助，幫助災民渡過困境。

- 13,007個受孟加拉風災影響的家庭獲派發食物包。
- 11,265名越南風災災民獲得水利衛生支援。
- 7,750個受中國水災影響的家庭獲得鐵鍋、毛毯及其他日用品。
- 2,420個受緬甸水災影響的家庭獲得衛生包。

Flood, Cyclone and Typhoon Responses

A lot of regions in Asia were affected by natural disasters in the past two years. Bangladesh and Vietnam were respectively hit by powerful storms Cyclone Remal and Typhoon Yagi, while China and Myanmar experienced severe floods. World Vision began responding immediately, and has remained in the affected areas to help the affected rebuild their homes. World Vision Hong Kong received grants from the Disaster Relief Fund of the HKSAR Government to provide assistance for affected families in multiple communities across these countries.

- 13,007 households affected by cyclone in Bangladesh received food kits.
- 11,265 people affected by typhoon in Vietnam received water, sanitation and hygiene support.
- 7,750 households affected by floods in China received iron woks, blankets and other essential items.
- 2,420 households affected by floods in Myanmar received hygiene kits.